Tenant/Landlord Dispute Resolution

Residential Tenancy Branch **250-387-1602**
Provides information to tenants and landlords about their responsibilities and rights. This BC Government branch also helps to resolve disputes.
www.gov.bc.ca/landlordtenant

Tenant Resource and Advisory Centre (TRAC) **1-800-665-1185**
The Tenants' Rights Action Coalition provides information for tenants.
www.tenants.bc.ca

Together Against Poverty Society **250-361-3521**
302-895 Fort Street
Victoria, BC V8W 1H7
Provides free face-to-face legal advocacy for people with income assistance, provincial disability benefits, employment standards and tenancy issues. Provides income tax preparation on Thursdays. Community Public Legal Education sessions available upon request.
www.tapsbc.ca

Meals

Food hampers of mostly non-perishable foods are provided to those in need. Identification, proof of address and proof of income may be required. Food Banks are closed on statutory holidays.

Food Banks

Food Bank at St. John's **250-383-7169**
1161 Quadra Street
Victoria, BC V8W 2L5
Open Tuesdays and Fridays from 10 a.m. to 12 noon. Limited to one visit every 30 days.
www.stjohnthedivine.bc.ca

Goldstream Food Bank **250-474-4443**
761 Station Street
Victoria, BC V9B 2S1
Open Tuesdays and Wednesdays from 9:30 a.m. to 2:30 p.m. Open the first 3 weeks of the month. Limited to 1 visit per month.
www.goldstreamfoodbank.islandwebhosting.com

Mustard Seed **250-953-1575**
625 Queens Avenue
Victoria, BC V8T 1L9
Open Monday to Friday from 9 a.m. to 1:45 p.m. Limited to 1 visit per month except in case of emergencies.
www.mustardseed.ca