



## Housing

Listings of retirement housing options on Vancouver Island and the Lower Mainland are available in *INSPIRED 55+ Lifestyle Magazine's* February and August editions. Pick up a copy at their office or view it online at [www.seniorlivingmag.com/housingdirectory](http://www.seniorlivingmag.com/housingdirectory). For more information, phone *INSPIRED 55+ Lifestyle Magazine* at 250-479-4705.

### Abbeyfield Houses

Provides individual rooms that are self furnished. Houses also include a communal lounge, sunroom, kitchen, dining room, and bathrooms. Seniors live independently. Meals are prepared and served by the house parent. Rent is subsidized according to income. Abbeyfield Houses are listed below.

[www.abbeyfield.ca](http://www.abbeyfield.ca)

**St. Andrew's House**                      **250-655-3536**  
10017 Fifth Street  
Sidney, BC V8L 1N8

**St. Peter's House**                        **250-479-6140**  
1133-A Reynolds Road  
Victoria, BC V8P 2K5

#### Tip!

#### For Low Cost Housing Options

- Register with BC Housing **250-475-7550**
- Apply for **SAFER** (Shelter Aid for Elderly Renters) **1-800-257-7756**

### Independent Living and Assisted Living Residences With Support Services – Private Pay

**Independent Living Sites** offer private suites ranging from studios, one bedroom, one bedroom plus den and two-bedroom type apartments. Most come equipped with small kitchenettes. In addition to the suite rental, rents include hospitality services and communal amenity spaces. These services may include all or some meals daily, weekly housekeeping, linen service, recreation programs, emergency response and security. Most are on a month to month rental basis. Sites with Assisted Living units must be registered with the Registrar of Assisted Living and offer all of the above services plus some personal care assistance with such things as bathing, dressing, medication administration, etc.

[www.healthservices.gov.bc.ca/assisted/index.html](http://www.healthservices.gov.bc.ca/assisted/index.html)

#### Alexander Mackie Lodge 250-478-4888

753 Station Avenue  
Langford, BC V9B 2S1  
Independent Suites Only.  
[www.alexandermackielodge.ca](http://www.alexandermackielodge.ca)

#### Amica at Beechwood Village 250-655-0849

2315 Mills Road  
Sidney, BC V8L 5W6  
Independent and Assisted Living Suites.  
[www.amica.ca](http://www.amica.ca)  
See advertisement on page 68.

#### Amica at Douglas House 250-383-6258

50 Douglas Street  
Victoria, BC V8V 2N8  
Independent and Assisted Living Suites.  
[www.amica.ca](http://www.amica.ca)  
See advertisement on page 68.

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**Amica at the Gorge**                      **250-220-8000**

994 Gorge Road West  
Victoria, BC V9A 1P2  
Independent and Assisted Living Suites.

**www.amica.ca**

*See advertisement on page 68.*

**Amica at Somerset House**   **250-380-9121**

540 Dallas Road  
Victoria, BC V8V 4X9  
Independent and Assisted Living Suites.

**www.amica.ca**

*See advertisement on page 68.*

**Ayre Manor  
Lodge & Cottages**                      **250-642-1750**

6764 Ayre Road  
Sooke, BC V9Z 1K1  
Assisted Living Suites.

**www.ayremanor.ca**

**Berwick House**                              **250-721-4062**

4062 Shelbourne Street  
Victoria, BC V8N 3E6  
Independent and Assisted Living Suites.

**www.berwickretirement.com**

*See advertisement on page 56.*

**Berwick Royal Oak**                      **250-386-4680**

4680 Elk Lake Drive  
Victoria, BC V8Z 5M1  
Independent and Assisted Living Suites.

**www.berwickretirement.com**

*See advertisement on page 56.*

**Camelot**                                      **250-384-3336**

455 Kingston Street  
Victoria, BC V8V 1V8  
Independent Suites Only.

**www.novapacific.ca**

**Carlton House**                              **250-595-1914**

2080 Oak Bay Avenue  
Victoria, BC V8R 6W2  
Independent Suites Only.

**www.carltonhouse.ca**

**Cedars**                                      **250-477-4850**

3710 Cedar Hill Road  
Victoria, BC V8P 5V5  
Independent and Assisted Living Suites.

**www.dawsonheights.ca**

**Cherish at Central Park**      **250-478-4431**

917 Avrill Road  
Victoria, BC V9B 0T2  
Independent Suites Only.

**www.cherishliving.ca**

**Cridge Village Senior  
Centre**                                      **250-384-8058**

1307 Hillside Avenue  
Victoria, BC V8T 0A2  
Independent and Assisted Living Suites.

**www.cridge.org**

**Garth Homer Society**                      **250-475-2270**

507 Government Street  
Victoria, BC V8V 2L6  
Independent Living Suites Only.

**www.garthhomersociety.org**

**Glenshiel**                                      **250-383-4164**

606 Douglas Street  
Victoria, BC V8V 2P8  
Independent Suites Only.

**www.theglenshiel.bc.ca**

*See advertisement on page 58.*

**Legion Manor** 250-652-3261

7601 East Saanich Road  
Saanichton, BC V8M 0A4  
Independent and Assisted Living Suites.

[www.legionmanorvictoria.ca](http://www.legionmanorvictoria.ca)

*See advertisement on page 58.*

**Minton House** 250-380-4977

1070 Southgate Street  
Victoria, BC V8V 2Z2  
Independent Suites Only.  
Must Purchase a Condominium Unit.

[www.mintonhouse.ca](http://www.mintonhouse.ca)

**Parkwood Place** 250-598-1565

3051 Shelbourne Street  
Victoria, BC V8R 6T2  
Independent Suites Only.

[www.reveraliving.com](http://www.reveraliving.com)

*See advertisement on page 66.*

**Renaissance Retirement Residence** 250-386-1188

1188 Esquimalt Road  
Victoria, BC V9A 3N9  
Independent Suites Only.

[www.renaissancevictoria.com](http://www.renaissancevictoria.com)

*See advertisement on page 60.*

**Rose Bank Gardens** 250-472-0677

1485 Garnet Road  
Victoria, BC V8P 5T5  
Independent Suites Only.  
Must Purchase a Condominium Unit.

**Rose Manor** 250-383-0414

857 Rupert Terrace  
Victoria, BC V8V 3E5  
Independent Suites Only.

[www.rosemanor.ca](http://www.rosemanor.ca)

**Ross Place Retirement Residence** 250-381-8666

2638 Ross Lane  
Victoria, BC V8T 5M4  
Independent and Assisted Living Suites.

[www.rossplace.ca](http://www.rossplace.ca)

**St. Francis Manor** 250-382-7999

1128 Dallas Road  
Victoria, BC V8V 1B9  
Independent Suites Only.

[www.saintfrancismanor.com](http://www.saintfrancismanor.com)

**Shannon Oaks** 250-595-6257

2000 Goldsmith Street  
Victoria, BC V8R 0A2  
Independent Suites Only.

[www.shannonoaks.com](http://www.shannonoaks.com)

**SHOAL Centre Independent Living** 250-654-0536

10030 Resthaven Drive  
Sidney, BC V8L 3G4  
Independent Suites Only.

[www.shoalcentreindependentliving.ca](http://www.shoalcentreindependentliving.ca)

**Tapestry Victoria Harbour** 250-999-1631

777 Belleville Street  
Victoria, BC V8V 4T9  
Independent Suites Only.

[www.tapestryvictoria.com](http://www.tapestryvictoria.com)

*See advertisement on page 60.*

**The Kensington** 250-477-1232

3965 Shelbourne Street  
Victoria, BC V8N 6J4  
Independent Suites Only.

[www.reveraliving.com](http://www.reveraliving.com)

*See advertisement on page 66.*

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## **Trillium Highgate Lodge 250-472-0077**

1538 Cedar Hill X Road

Victoria, BC V8P 2P1

Independent and Assisted Living Suites.

**www.trilliumcommunities.com**

## **Trillium Norgarden 250-656-8822**

2300 Henry Avenue

Sidney, BC V8L 3G4

Independent Suites Only.

**www.trilliumcommunities.com**

## **Trillium Peninsula 250-656-8827**

2290 Henry Avenue

Sidney, BC V8L 2B2

Independent and Assisted Living Suites.

**www.trilliumcommunities.com**

## **Trillium West Shore Lodge 250-478-7527**

1828 Island Highway

Colwood, BC V9B 1J2

Independent Suites Only.

**www.trilliumcommunities.com**

## **Victorian 250-477-1912**

1773 Feltham Road

Victoria, BC V8N 6E8

Independent Suites Only.

**www.victorianretirement.ca**

## **Victorian at McKenzie 250-381-9496**

4000 Douglas Street

Victoria, BC V8X 5K5

Independent Suites Only.

**www.victorianatmckenzie.ca**

## **Wellesley 250-383-9099**

2800 Blanshard Street

Victoria, BC V8T 5B5

Independent and Assisted Living Suites.

**www.retirementconcepts.com**

*See advertisement on page 62.*

## **Licensed Long-Term Care Homes Private Pay**

Licensed care provides seniors with meals, housekeeping, personal laundry, assistance with activities of daily living, medication administering and medical assistance under the supervision of professional care staff. Most rooms are private studios or shared accommodations. Private operators will conduct their own assessment of those needing their care services. There is no assessment required by an Island Health (South) Case Manager to access these locations. There is no government subsidy available for these locations, resident pays all costs.

### **Amica at Douglas House 250-383-6258**

50 Douglas Street

Victoria, BC V8V 2N8

**www.amica.ca**

*See advertisement on page 68.*

### **Amica at the Gorge 250-220-8000**

994 Gorge Road West

Victoria, BC V9A 1P2

Specializing in Memory Care.

**www.amica.ca**

*See advertisement on page 68.*

### **Berwick House 250-721-4062**

4062 Shelbourne Street

Victoria, BC V8N 3E6

**www.berwickretirement.com**

*See advertisement on page 56.*

### **Berwick Royal Oak 250-386-4680**

4680 Elk Lake Drive

Victoria, BC V8Z 5M1

**www.berwickretirement.com**

*See advertisement on page 56.*

**Glenwarren Lodge**                      **250-383-2323**  
 1230 Balmoral Road  
 Victoria, BC V8T 1B3  
[www.reveraliving.com](http://www.reveraliving.com)

**Island View Place**                      **250-652-0891**  
 7013 East Saanich Road  
 Victoria, BC V8M 1Y3

**Kiwanis Pavilion**                      **250-598-2022**  
 3034 Cedar Hill Road  
 Victoria, BC V8T 3J3  
 Specializing in Dementia Care.  
[www.kiwanispavilion.ca](http://www.kiwanispavilion.ca)

**Parkwood Court**                      **250-598-1575**  
 3000 Shelbourne Street  
 Victoria, BC V8R 4M8  
[www.reveraliving.com](http://www.reveraliving.com)  
*See advertisement on page 66.*

**Selkirk Place**                      **250-940-1028**  
 385 Waterfront Crescent  
 Victoria, BC V8T 5K7  
[www.selkirkplace.ca](http://www.selkirkplace.ca)

**Sidney All Care**                      **778-351-2505**  
 2269 Mills Road  
 Sidney, BC V8L 2C3  
[www.allcarecanada.ca](http://www.allcarecanada.ca)

**Sunrise Senior Living**              **250-383-1366**  
 920 Humboldt Street  
 Victoria, BC V8V 4W7  
 Specializing in Memory Care  
[www.sunrisevictoria.com](http://www.sunrisevictoria.com)  
*See advertisement on page 64.*

**Trillium Clover  
 Point Care**                      **250-590-7885**  
 90 Linden Avenue  
 Victoria, BC V8V 4C8  
[www.trilliumcommunities.com](http://www.trilliumcommunities.com)

**Trillium Craigdarroch  
 Care Home**                      **250-595-3813**  
 1048 Craigdarroch Road  
 Victoria, BC V8S 2A4  
[www.trilliumcommunities.com](http://www.trilliumcommunities.com)

**Trillium Douglas Care**              **250-383-9011**  
 657 Niagara Street  
 Victoria, BC V8V 1J1  
 Specializing in Dementia Care.  
[www.trilliumcommunities.com](http://www.trilliumcommunities.com)

**Trillium Hart House**              **250-598-3542**  
 1961 Fairfield Road  
 Victoria, BC V8S 1H5  
[www.trilliumcommunities.com](http://www.trilliumcommunities.com)

**Trillium  
 St. Charles Manor**              **250-595-4255**  
 1006 St. Charles Street  
 Victoria, BC V8S 3P6  
[www.trilliumcommunities.com](http://www.trilliumcommunities.com)

**TIP! For Respite Care Private Pay**  
 Many residences offer short term stay with all-inclusive amenities. Ideal for seniors with medical needs, such as post-surgery, post-illness, and caregiver vacation.

## **BC Government Subsidized Assisted Living and Long-Term Care**

*Assisted Living and Long-Term Care are policies set by the BC Ministry of Health.*

**Island Health (South)**  
**Community Access Line 250-388-2273**  
**www.islandhealth.ca 1-888-533-2273**

**Assisted Living** is a type of care setting available through Community Health Services, Island Health, and throughout BC. Seniors of low to moderate income who require significant assistance with personal care and medication administration may be eligible for a subsidy calculated at 70% after tax income.

**Long-Term Care** services provide a protective, supervised environment and assistance with the activities of daily living for clients who can no longer reside at home due to their need for 24-hour professional care. Island Health manages a range of long-term care services throughout Vancouver Island. Calls can be made to the telephone number listed above. If clients meet the eligibility criteria set out by the Ministry of Health Services, an assessment can be offered. Access to Long Term Care services is based on a Case Managers assessment of need, risk, and urgency for facility care. The assessment includes a determination that the client needs 24-hour supervision and professional care, and that the client's care needs cannot be met within available community resources.

## **BC Government and Non-Profit Subsidized Independent Housing for 60+ Seniors or Disabled Adults 55+**

*BC Government and the following non-profit societies offer low-cost housing for seniors aged 60+ and/or disabled adults aged 55+. Affordable housing is intended for low income households. If you are offered subsidized housing, you will pay 25 or 30 percent of your gross income subject to minimum rents. This is reviewed annually.*

**BC Housing Management  
Commission BCHMC 250-475-7550**  
301-3440 Douglas Street  
Victoria, BC V8Z 3L5  
Adults with disabilities may be under age 55.  
**www.bchousing.org**

**Bethany Court  
Housing Society 250-389-6227**  
826 North Park Street  
Victoria, BC V8W 3B4

**Capital Region Housing  
Corporation 250-388-6422**  
631 Fisgard Street  
Victoria, BC V8W 1R7  
Adults with disabilities may be under age 55.  
**www.crd.bc.ca**

**Dawson Heights  
Housing Ltd. 250-477-4850**  
3710 Cedar Hill Road  
Victoria, BC V8P 5V5  
**www.dawsonheights.ca**

**Elgin Gardens Baptist  
Housing Society 250-592-2231**  
1787 Elgin Road  
Victoria, BC V8R 5L7  
**www.baptisthousing.org**

**Gorge View Society**                    250-360-1977  
 11 Chown Place  
 Victoria, BC V9A 1H5  
[www.gorgeviewsociety.ca](http://www.gorgeviewsociety.ca)

**Governing Council  
 of the Salvation Army**            250-383-5821  
 211-554 Garrett Place  
 Esquimalt, BC V9A 7J6

**Greater Victoria  
 Housing Society**                    250-384-3434  
 2326 Government Street  
 Victoria, BC V8T 5G5  
 Apply to BC Housing.  
[www.greatervichousing.org](http://www.greatervichousing.org)

**Gulf Islands Pioneer Village**  
 103 Bonnet Avenue  
 Saltspring Island, BC V8K 2K8  
 Apply by mail.

**Kiwanis Village Society**            250-595-0331  
 1419 Mallek Crescent  
 Victoria, BC V8T 2R3  
[www.kiwanisvictoria.ca](http://www.kiwanisvictoria.ca)

**Marion Village Society**            250-592-2231  
 1968 Bee Street  
 Victoria, BC V8R 6P6  
[www.baptisthousing.org](http://www.baptisthousing.org)

**Mount Douglas  
 Seniors Housing Society**        250-721-1818  
 22-1550 Arrow Road  
 Victoria, BC V8N 1C6  
[www.mdshs.net](http://www.mdshs.net)

**North Park Manor  
 Society**                                250-383-7611  
 875 North Park Street  
 Victoria, BC V8W 3B8

**Oak Bay Kiwanis Co-operative**  
 1430 Newport Avenue  
 Victoria, BC V8S 5E9  
 Apply by mail to Membership Committee.

**St. John's Court Society**        250-385-9934  
 207-1613 Quadra Street  
 Victoria, BC V8W 2L5

**Western Community Seniors  
 Low-Cost Housing**                250-474-6133  
 741 Station Avenue  
 Langford, BC V9B 2S1

## Relocation, Downsizing and Declutter Services

*The following agencies offer fee-based services. These services may include moving, downsizing, decluttering, space planning, packing, unpacking, dispersal of unwanted items, setup, and cleanup.*

**Act Together Moving** .....778-351-3888  
[www.acttogethermoving.com](http://www.acttogethermoving.com)

**Changing Places** .....250-721-4490  
[www.changingplaces.ca](http://www.changingplaces.ca)  
*See advertisement on page 61.*

**Different Path Services** .....250-891-5969  
[www.differentpathservices.com](http://www.differentpathservices.com)

**Dream Downsizing** .....250-634-3207  
[www.dreamdownsizing.com](http://www.dreamdownsizing.com)

**Home Again** .....250-984-4044  
[www.seniorshomeagain.ca](http://www.seniorshomeagain.ca)

**Relocating Made Easy** ..... 250-361-6106

**The Happy Nest** ..... 778-676-4663  
[www.thehappynest.ca](http://www.thehappynest.ca)