

Adult Day Programs & Bathing Programs



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Programs for seniors who require assistance due to health-related matters.

Adult Day Programs

Adult Day Programs meet the social and health needs of seniors who require assistance due to health-related disabilities. The programs consist of gentle activities, socialization, education, and assistance with bathing. Snacks and nutritious, hot mid-day meal are provided. Transportation may be available through the facility. For more information on how to access these programs and how to determine your eligibility please contact:

www.islandhealth.ca

Island Health (South) 250-388-2273
Community Access Line 1-888-533-2273

TIP!

Volunteers provide a **REASSURANCE PHONE CALL** each day at a specified time to ensure that you are fine and free from medical problems.

Westshore residents contact:
RCMP at **250-474-8791**.

Greater Victoria area residents contact:
James Bay New Horizons at **250-386-4432**.

Bathing Programs

Anyone who cannot safely bathe at home, even with home support assistance, should contact the bathing programs listed below. Costs range from \$5 to \$15 per bath.

Beckley Farm Lodge 250-381-4421
530 Simcoe Street **ext. 234**
Victoria, BC V8V 4W4
Operates Monday through Friday.

Braehaven Community 250-537-5520
Adult Program Press 7
133 Blain Road
Salt Spring Island, BC V8K 1Z9
Should be referred by the doctor or case manager.
Island Health funding requires an assessment.
Operates Tuesday through Friday.

Hillside Seniors 250-370-5641
Health Centre Press 1
1454 Hillside Avenue
Victoria, BC V8T 2B7
Operates Monday to Sunday.

Mount Newton Centre 250-652-3432
2158 Mt. Newton X Road
Saanichton, BC V8M 2B2
Serves those who live on the Saanich Peninsula and in Saanich. Operates Monday through Friday.

Mount St. Mary 250-480-3100
Hospital ext. 3214
861 Fairfield Road
Victoria, BC V8V 5A9
Operates Monday through Thursday. Self referral with no geographical boundaries.

The Priory 250-370-5787
587 Goldstream Avenue
Victoria, BC V9B 2W4
Operates Monday through Friday.